21 DAYS OF GRATITUDE XXI

NOVEMBER 9-29, 2026

Day 1 | REMEMBER

Forget not all His benefits! Remember the ways God has forgiven, healed, redeemed, and satisfied you. Recall specific evidence of His faithfulness in your life and bless His name.

Psalm 103:1–5

Day 2 | RECEIVE

Consider the spiritual blessings that are already yours in Christ. You have been chosen and adopted by the Father, redeemed and forgiven through the Son, and sealed by the Holy Spirit. Praise God for these gifts of grace and ask Him to deepen your contentment in what you already possess in Christ.

Ephesians 1:3–14

Day 3 | REJOICE

In God's presence there is fullness of joy! Consider how knowing God Himself is better than any gift He could give. Express to Him the joyful privilege of knowing Him and being able to draw near to Him, and ask that your delight in Him would grow.

Psalm 16:11

Day 4 | REMEMBER

The Lord is merciful and gracious, slow to anger, and abounding in steadfast love. Remember the patience and mercy He has shown you, even in your unfaithfulness. Praise Him for His unchanging character.

Exodus 34:6–7

Day 5 | RECEIVE

Where have comparison, entitlement, or unmet desires allowed discontentment to grow? Confess these things to the Lord and ask Jesus to teach you the secret of contentment in Him, whether in plenty or in need.

Philippians 4:11–13

Day 6 | REJOICE

The Lord is God. He made us; we belong to Him, and His steadfast love endures forever. Our worship is a response to who He is. Praise Him for these truths, and pray that when God's people gather, our singing would be a joyful expression of His goodness and faithfulness.

Psalm 100:1–5

Day 7 | REMEMBER

His mercies are new every morning! Recall a difficult season when God's mercies sustained you. How did He demonstrate His faithfulness, even when it was difficult to see? Jesus reminds us that each day has enough trouble of its own (Matthew 6:34). Praise God that every new day, with whatever troubles it may bring, is met by His inexhaustible mercy.

Lamentations 3:21–24

Day 8 | RECEIVE

Jesus' grace is sufficient for you. What weakness, limitation, or circumstance do you wish God would take away? Bring it honestly before Him, and ask Him to cultivate contentment in Christ's sustaining grace, even if nothing changes.

2 Corinthians 12:9–10

Day 9 | REJOICE

Even in suffering, God is at work producing endurance, character, and hope. Consider how He has used trials to shape you, and rejoice that God's love remains certain, even when your circumstances are not.

Romans 5:3–5

Day 10 | REMEMBER

While we were still sinners, Christ died for us. Remember how God demonstrated His faithful love through the sacrifice of Jesus. Praise Him for the redemption He accomplished and the relentless love that pursued you even in your sin.

Romans 5:6–8

Day 11 | RECEIVE

God has promised never to leave or forsake us. Consider how the assurance of His presence frees you from the pursuit of more. Ask Him to grow in you a contentment rooted in knowing He is with you.

Hebrews 13:5–6

Day 12 | REJOICE

Even when everything around us fails, we can still rejoice in the Lord! Bring before God both the blessings and burdens of your present season. Declare your joy in the God of your salvation, whose goodness does not change with your circumstances.

Habakkuk 3:17–19

XXI 21 DAYS OF GRATITUDE

NOVEMBER 9-29, 2026

Day 13 | REMEMBER

God's faithfulness does not depend on the worthiness of His people. Remember how He set His love on Israel and remained faithful to the promises He made to their fathers. Praise Him as the faithful God who keeps His covenant and steadfast love through every generation.

Deuteronomy 7:6-9

Day 14 | RECEIVE

"Satisfy us in the morning with your steadfast love." Make this your prayer today. Ask God to deepen your awareness of His steadfast love and cultivate in you a heart that finds its deepest satisfaction and contentment in Him.

Psalm 90:14

Day 15 | REJOICE

Rejoice with those who rejoice! Celebrate God's goodness in someone else's life, especially when comparison or envy tempts you to be discontent. Let their joy become an occasion for your own rejoicing.

Romans 12:15

Day 16 | REMEMBER

Our help comes from the Lord, who neither slumbers nor sleeps. Look back on the ways God has watched over and sustained you. Praise Him for His tireless care.

Psalm 121:1–8

Day 17 | RECEIVE

God richly provides so that we can be generous toward others. Consider how contentment in His provision frees you from holding tightly to what you have. Ask Him to cultivate a generous heart, and to show you someone to bless with what He has entrusted to you.

2 Corinthians 9:8–11

Day 18 | REJOICE

"The LORD reigns; let the earth rejoice!" Adore God for His righteous, just, and sovereign rule over all things. Rejoice that the One who reigns over all creation is perfectly righteous and good.

Psalm 97:1-12

Day 19 | REMEMBER

God's faithfulness is worth recounting from generation to generation. Remember what He has done in your life and consider how you can faithfully declare His praise to those who come after you.

Psalm 79:13

Day 20 | RECEIVE

"The LORD is my shepherd; I shall not want." Consider the security and sufficiency of belonging to the Good Shepherd. Where are you tempted to believe that something more would finally satisfy you? Bring that desire before the Lord and ask Him to cultivate contentment in His faithful care.

Psalm 23:1–6

Day 21 | REJOICE

"I will give thanks to the LORD with my whole heart; I will recount all of your wonderful deeds." As these 21 days come to a close, remember the ways God has demonstrated His faithfulness, consider the grace you've received, and rejoice in His goodness. Turn these reflections into heartfelt praise, and ask Him to cultivate a life of gratitude that continues long after these 21 days.

Psalm 9:1-2